



breakfast

TBB assorted pastry board	19
house granola greek yogurt, seasonal fruit, spiced honey	12
buckwheat blueberry banana bread cultured butter	5
green smoothie orange juice, coconut water, coconut yogurt, ginger, vanilla, kale, mango, banana	12
cacao reishi smoothie banana, dates, almond milk, reishi, chia, almond butter, cacao	12
blue smoothie banana, mango, e3 live blue algae, tbb granola	12
classic avocado toast lemon, evoo, maldon salt, danish seeded rye - add pastured egg +2	12
georgia mixed mushroom toast roasted cauliflower, goat cheese, kale- add pastured egg +2	14
salmon mezze* dill creme fraiche, pickled red onion, fried caper, poached egg, danish seeded rye	21
today's quiche sweet water farms lettuces	14
TBB breakfast two eggs any style, house cured bacon, confit potatoes, avocado	15
TBB fat french toast seasonal compote, mascarpone	16
soft scramble bowl* soft scrambled eggs, baby kale, asparagus, sugar snap peas golden beet puree, avocado, TBB bread	15
breakfast sammy house bacon, scrambled eggs, citrus crema, roasted garlic, goat cheese, basil pesto	16
steak + egg* grassfed flank, confit potatoes, salmoriglio, fried pastured eggs	28

confit potatoes	4
seasonal fruit	4
smoked salmon	6
house cured bacon	5
marsh hen mill speckled grits	4
two pastured eggs	4
avocado	3
TBB sourdough	2
seeded GF bread	4



Our menu is gluten free friendly, please inquire with your server
 items marked with an asterisk * may be served raw or undercooked. consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

BREAKFAST COCKTAILS

mimosa 13
fresh squeezed oj, brut

mommenpop's spritz 15
mommenpop's kumquatpop, cappelletti, brut

bloody mary 15
rock town vodka, natural blonde, seasonal vegetables

green juice bloody 15
st george chile vodka, green juice, jalapeño, lemon

the beatnik 13
11:11 mezcal, beet-ginger juice, lime, orange bitters

seasonal spritz 14
house-infused vodka, seasonal shrub, cava

spring sour 13
rocktown vodka, pea shoot + fennel front shrub, lemon

garden gimlet 14
st george chile vodka, lime, agave, cucumber, mint

brockhampton ginger margarita 15
IXA tequila, pineapple amaro, ginger, lime

nola espresso martini 15
st george nola coffee liquor, vodka, espresso

VALOR COFFEE

worker's comp roast

drip coffee 3/3.50
iced coffee 3.50
espresso 3
americano 3
cortado 3.75
cappuccino 4.25
latte 5.50
matcha latte 5
chai latte 5.50
mocha 6
hot chocolate 6

*serving local grass-fed milk
oat + almond milk available

vanilla cardamom or
orange peel honey syrup +.50

most drinks available iced +.50

FRESH PRESSED JUICES

carrot ginger 9
carrot, orange, apple, cucumber, ginger, turmeric

simple green 9
cucumber, celery, green apple, kale, orange, lemon, ginger

beet 9
beets, carrot, kale, ginger, lemon, orange

orange 6
fresh squeezed

saratoga spring sparkling/still water 6.50
1 liter

montaine sparkling spring water 2.25
original
lemon honeysuckle
grapefruit peach
yuzu citrus w/ green tea

ginger peach iced tea 3

boylan ginger ale 2.25

STEVEN SMITH & RISHI TEAS

meadow 4.25
chamomile blend, caffeine-free
egyptian chamomile, south african rooibos, hyssop, linden flowers, lemon myrtle,
rose petals, safflower, cyani flowers

lord bergamot 4.25
earl gray black tea
ceylon dimbula, uva & indian assam full leaf teas & bergamot

black lavender 4.25
black tea blend
ceylon and zheng shan black teas, french lavender, red rose petals, black currant & vanilla

red nectar 4.25
rooibos blend, caffeine-free
rooibos and honeybush from south africa

turmeric ginger 4.25
all organic ginger root, turmeric root, licorice root, lemon-grass, orange peel,
lemon peel, essential orange & lemon oils

mystic mint 4.25
all organic peppermint, cardamom, licorice root, essential basil & clove leaf oils

hibiscus berry 4.25
all organic rosehips, hibiscus flowers, currants, apples, elderberries, , essential orange oil
natural blueberry & mango flavor

BEER

tropicalia 8
three taverns lord grey 8
eventide kolsch 8
eventide citrus grove hefeweizen 8
three bikini snow ipa 8
athletic brewing free wave hazy IPA N/A 8

BEVERAGES

rishi sparkling botanicals 4
black lemon
grapefruit quince
elderberry maqui
schisandra berry

olipop 3.75
cherry vanilla
ginger lemon
vintage cola
seasonal collection

*wine list available on request