



afternoon

green smoothie	orange juice, coconut water, coconut yogurt, ginger, vanilla, kale, mango, banana	12
cacao reishi smoothie	banana, dates, almond milk, reishi, chia, almond butter, cacao	12
blue smoothie	banana, mango, e3 live blue algae	12
TBB assorted pastry board		19
mezze*	avocado hummus, baba ganoush, labneh, market crudite, feta, pistachio dukkah, grilled breads	20
salmon mezze*	dill creme fraiche, pickled red onion, fried caper, poached egg, grilled sourdough	21
classic avocado toast	lemon, evoo, maldon salt, danish seeded rye - add pastured egg +2	12

SPARKLING

Biutiful Brut	10/40
German Gilabert, Reserve Brut Nature NVorange	12/44
Breaking Bread, Pet Nat Sparkling Zin, 2021	80
Broc Cellars, Sparkling Chenin Blanc, 2021	80
Tarlant Champagne, Rose 'Zero' Brut Nature NV	120

ROSE

Brunn Zweigelt Rose 1L, Kamptal, 2021	40
Jean Paul Brun, Teres Dorees Rosé d'Folie Beaujolais Rose, 2021	16/58

WHITE WINE

Suavia Soave Classico, 2021	11/35
Azienda Agricola, Scarbolo, Sauvignon Blanc, 2021	14/52
Calera Chardonnay, Central Coast, 2020	14/50
Statera Cellars, 'Imber', Chardonnay, 2020	18/68
Sebastian Brunet, "Arpent" Vouvray, 2021	17/64
Domaine Cheveau Macon Fuisse, Grand Bruyeres, 2021	80
Domaine Zind Humbrecht, Gewurztraminer, 2019	85

RED WINE

Sokol Blosser, Red Land Cuveé Estate Pinot Noir, Willamette Valley, 2019	68
Bochard Père & Fils Bourgogne Pinot Noir Reserve, 2020	18/70
One Stone Cabernet Sauvignon, Paso Robles, 2020	15/60
Cardedu Canonau di Sardegna Jerzu Caladu, 2017	13/48
Laura Lardy La Gourde, Gamay, 2021	65
10,000 Hours Cabernet Sauvignon, Washington, 2018	19/72
Domaine de la Touraize Arbois Ploussard La Cabane 2021	100
Luigi Giordano, Barbaresco, Cavanna, 2019	110



*these items can be made gluten-free

COFFEE

serving valor worker's comp

drip coffee 3/3.50
iced coffee 3.50
espresso 3
americano 3
cortado 3.75
cappuccino 4.25
latte 5.50
matcha latte 5
chai latte 5.50
mocha 6
hot chocolate 6

*serving local grass-fed milk
oat + almond milk available

vanilla cardamon or
orange peel honey syrup +.50

most drinks available iced +.50

FRESH PRESSED JUICES

carrot ginger 9
carrot, orange, apple, cucumber, ginger, turmeric

simple green 9
cucumber, celery, green apple, kale, orange,
lemon, ginger

beet 9
beets, carrot, kale, ginger, lemon, orange

orange 6
fresh squeezed

NON-ALCOHOLIC

mountain valley spring water 6.50
still or sparkling, 1 liter

rishi sparkling botanicals 4
black lemon
grapefruit quince
dandelion ginger
schisandra berry

ginger peach iced tea 3

montaine sparkling spring water 2.25
original
lemon honeysuckle
grapefruit peach

olipop 3.75
root beer
cherry vanilla
ginger lemon

HOT TEA

steven smith teamaker

meadow 4.25
chamomile blend, caffeine-free
egyptian chamomile, south african rooibos, hyssop, linden flowers,
lemon myrtle, rose petals, safflower, cyani flowers

lord bergamot 4.25
earl gray black tea
ceylon dimbula, uva and indian assam full leaf teas and bergamot

black lavender 4.25
black tea blend
ceylon and zheng shan black teas, french lavender,
red rose petals, black currant and vanilla

red nectar 4.25
rooibos blend, caffeine-free
rooibos and honeybush from south africa

rishi organic teas & botanicals

turmeric ginger 4.25
all organic ginger root, turmeric root, licorice root, lemon-grass,
orange peel, lemon peel, essential orange and lemon oils

mystic mint 4.25
all organic peppermint, cardamom, licorice root,
essential basil and clove leaf oils

hibiscus berry 4.25
all organic rosehips, hibiscus flowers, currants, apples, elderberries,
natural blueberry flavor, essential orange oil, natural mango flavor

COCKTAILS

mrs bensen 13
hayman's gin, lavender, lemon

mimosa 13
fresh squeezed oj, brut

bloody mary 15
rock town vodka, natural blonde, seasonal vegetables

mommenpop's spritz 15
mommenpop's kumquatpop, cappelletti, brut

roman holiday 12
heirloom pineapple amaro, cappelletti, cardamaro, espresso, lime

against the currant 13
old grand dad bourbon, giffard apricot, cardamaro,
creme de cassis, lemon

TBB margarita 13
el pintor tequila, agave, lime

BEER

tropicalia 8

three taverns lord grey 8

eventide kolsch 8

eventide citrus grove hefeweizen 8

three bikini snow ipa 8